

## IGNITE-2023: EMPOWERING FUTURE MEDICAL ASPIRANTS



we take a glimpse into the recently conducted IGNITE-2023 program, a unique summer internship program for school students aspiring to pursue a career in medicine. This well-structured program aims to provide students with an in-depth understanding of the medical curriculum and ignite their passion for becoming doctors. Join us as we explore the highlights of IGNITE-2023 and the impact it has on shaping the aspirations of young medical enthusiasts.

IGNITE is an annual summer internship program conducted by our institution, designed to guide school students towards a career in medicine. This week-long program introduces students to the medical curriculum, covering topics from the first year to the final year of MBBS. By providing a comprehensive overview of the medical field, IGNITE empowers students from diverse backgrounds to make informed decisions about their future in medicine.

This year, IGNITE-2023 was held from April 24th to April 28th, with the aim of inspiring and guiding young minds towards their goal of becoming doctors. The program offered a systematic and well-structured curriculum, enabling students to grasp the foundations of medical education. Through interactive sessions, practical demonstrations, and expert guidance, IGNITE-2023 instilled confidence and motivation in the participating students.

IGNITE-2023 began with a grand inaugural function held on April 24th at 9:30 am at the Amphitheatre. The function served as a platform to motivate and encourage the young participants, setting the tone for the enriching week ahead. The presence of esteemed guests, including medical professionals, educators, and mentors, added prestige to the event and inspired

the students to embark on their journey towards a medical career.

IGNITE-2023 played a pivotal role in nurturing the aspirations of young medical aspirants. By exposing them to the medical curriculum and providing hands-on experiences, the program gave students a taste of the challenges and rewards of the medical profession. The structured nature of IGNITE-2023 allowed students to develop a clearer understanding of the requirements and expectations of a medical career, motivating them to persevere and pursue their dreams.

We extend our heartfelt gratitude to Prof. Dr. Jacob Jesurun R. S., the coordinator of IGNITE-2023, for his dedication and efforts in making this program a resounding success. His leadership and guidance have played a crucial role in empowering the young participants and providing them with an invaluable experience. We also extend our appreciation to the esteemed guests and faculty members whose presence and support made IGNITE-2023 an unforgettable journey for the aspiring medical students.

IGNITE-2023, the annual summer internship program for medical aspirants, has successfully motivated and guided young minds towards their dreams of becoming doctors. Through a well-structured curriculum, interactive sessions, and expert guidance, the program has instilled passion and perseverance in the participants. As we bid farewell to IGNITE-2023, we remain grateful for the transformative impact it has had on the lives of these young individuals, shaping their aspirations and paving the way for a bright future in the field of medicine.

## 2nd IR ANNIVERSARY, REVOLUTIONIZING HEALTH INTERVENTIONAL RADIOLOGY

The Department of Interventional Radiology at Believers Church Medical College Hospital (BCMCH) is celebrating its second anniversary. During this time, the department has made significant progress in the field of interventional radiology, providing cutting-edge care to patients from all over the country.

The department has performed over 700 USGs, 1000+ cases, 1300 OPDS, 200 CT guided procedures & Fluoro guided procedures and 100 Cathlab guided procedures. These procedures have helped to improve the lives of many patients, and have made a significant contribution to the field of interventional radiology.

The department is led by Dr. Tom George, an Interventional Radiologist and Endovascular Specialist. Dr. George is a pioneer in the field of interventional radiology, and has been instrumental in developing the department

at BCMCH. He is a highly skilled and experienced physician, and has a passion for providing excellent care to his patients.

The department is also supported by a team of highly skilled and experienced nurses and technicians. These individuals are dedicated to providing the best possible care to their patients, and they play a vital role in the success of the department.

The Department of Interventional Radiology at BCMCH is a leading center for interventional radiology in India. The department is committed to providing the highest quality care to its patients, and is constantly striving to improve its services.

We are proud of the achievements of the Department of Interventional Radiology, and we look forward to continued success in the years to come.

## MR. & MRS. MULUMBA: A STORY OF COMPASSIONATE CARE



Mr. Jean Pierre Mulumba, a retired pastor, and his wife Mushiya Mimi Mulumba, traveled from the Republic of Congo to BCMCH for medical care. Mr. Mulumba had been suffering from pancreatitis, and his wife had developed high fever. The Mulumbas arrived at BCMCH on a Friday afternoon. They were greeted by the IPR team, who helped them get settled in their room. Dr. Geomcy and the MS Office staff also provided assistance. Mr. Niyas in operations and the nurses in 6th PVT B took excellent care of the Mulumbas, including buying them new clothes and ensuring that all their needs were met. On Saturday morning, Mr. Mulumba was seen by Dr. Deepak Johnson, a gastroenterologist at BCMCH. Dr. Johnson diagnosed Mr. Mulumba with cirrhosis liver and gallstones, which were the cause of his pancreatitis. He underwent laparoscopic cholecystectomy by Dr. Sujith and team GI surgery.

Mrs. Mulumba was seen by Dr. Jency, a hematologist at BCMCH. Dr. Jency diagnosed Mrs. Mulumba with Falciparum Malaria by peripheral smear. She was treated with antimalarial medication and improved very quickly. The Mulumbas were very grateful for the compassionate care they received at BCMCH. They said that they felt like they were part of a family during their stay.

BCMCH is proud to provide excellent healthcare to patients from all over the world. We are committed to providing our patients with the best possible care, and we are always happy to help them in any way we can.

The Mulumbas' story is a testament to the compassionate care that is provided at BCMCH. We are proud to be able to help patients from all over the world, and we are committed to providing them with the best possible care.

## CHAMPIONSHIP 2023: UNLOCK THE SECRETS OF HAEMATOLOGY

The Believers Church Medical College recently hosted the CHAMPIONSHIP 2023 on July 9th, 2023, and it was a great success. The event began with a prayer led by Rev. Fr. Thomas Varghese, Chaplain of BCMCH. The Director & CEO of BCMCH, Dr. George Chandy Matteethra, delivered a message on the importance of continued education and professional development in the field of medicine. This was followed by a lamp lighting ceremony to symbolize the enlightenment that comes from knowledge.

The Manager's Address was given by Rev. Fr. Sijo Pandapallil, Senate Member of Kerala University of Health Sciences and Manager of BCMCH. He spoke about the role of BCMCH in providing quality healthcare to the community and the importance of collaboration between different departments within the hospital. The event also featured presentations by various speakers on topics such as advances in hematology and pathology, new treatment options for cancer patients, and the role of technology in improving patient outcomes.

We would like to congratulate all the speakers for their informative and engaging presentations, as well as the Department of Hematology and Pathology for their outstanding contributions to the success of the event.

Once again, congratulations to all those involved in making CHAMPIONSHIP 2023 a great success.

## MALHAAR ARTS FEST - KODIYETTAM: UNVEILING CREATIVITY AND ARTISTIC BRILLIANCE

Believers Church Medical College Hospital is proud to present the much-awaited annual event, MALHAAR Arts Fest - KODIYETTAM. This celebration of creativity and artistic expressions is a testament to the diverse talents of our medical students. On July 24, 2023, the College Foyer will be transformed into a vibrant hub of artistic brilliance as our students showcase their talents and passion for the arts. From enthralling dance performances to soul-stirring musical renditions, from mesmerizing art exhibitions to captivating theme shows, the event promises to be a kaleidoscope of artistic excellence.

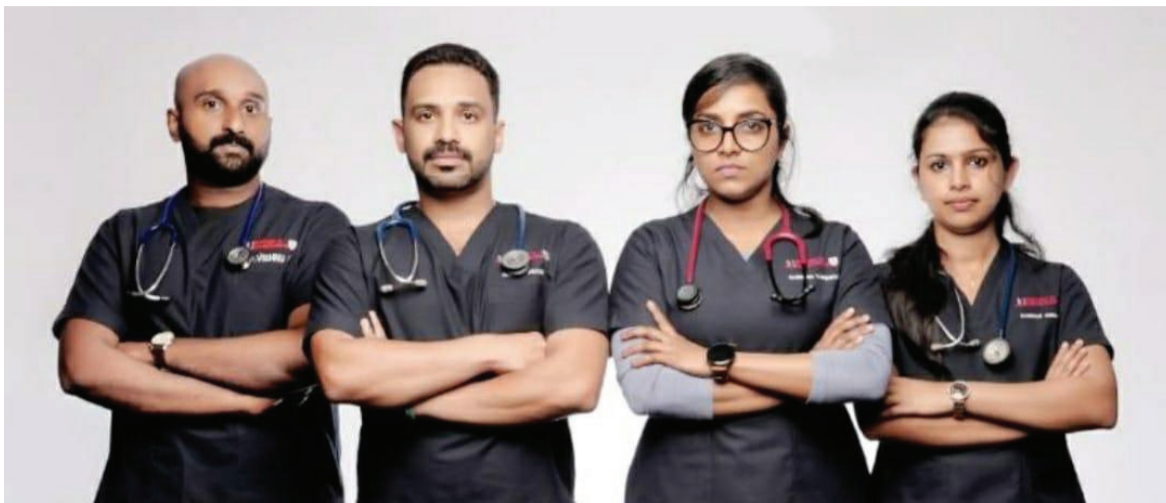
The Grand Inauguration of MALHAAR Arts Fest - KODIYETTAM will mark the beginning of a series of spectacular performances and displays. The ceremony will be graced by the esteemed presence of Dr. Divya S Iyer, IAS, the District Collector and District Magistrate of Pathanamthitta, who will serve as the Chief Guest. Her support and encouragement will undoubtedly inspire our students to reach greater heights in their artistic pursuits. At BCMCH, we understand the significance of art in enhancing the overall well-being of individuals. Art has the power to heal, to inspire, and to connect people from

all walks of life. It nurtures creativity and fosters a sense of community among artists and their audience. We are incredibly proud of our students, whose passion and dedication have brought MALHAAR Arts Fest - KODIYETTAM to life. Their artistic endeavors are a reflection of the human spirit and a testament to the beauty of diversity. As we come together to appreciate and encourage the artistic brilliance of our students, let us cherish the joy and inspiration that art brings into our lives. Let us celebrate their creativity and support them in their artistic journey.

We extend our heartfelt gratitude to all the students, faculty members, and staff who have put in countless hours of hard work and dedication to make this event a reality. Your commitment to promoting art and creativity among our medical students is truly commendable. Believers Church Medical College Hospital invites everyone to be a part of this unforgettable evening of art and celebration. Let us come together to support and encourage our budding artists as they take center stage and showcase their talents to the world.



## BCMCH RECOGNIZED AS BEST TRAINING SITE FOR GEORGE WASHINGTON UNIVERSITY'S MASTER'S IN EMERGENCY MEDICINE IN INDIA; Dr. BINITHA VARGHESE TOPS PROGRAM



Believers Church Medical College Hospital (BCMCH) has yet again proven its mettle by being recognized as the best training site for the George Washington University - Ronald Reagan Institute of Emergency Medicine in India. BCMCH is one of the 16 partner institutions in India for the prestigious MEM program, and it has consistently produced outstanding results since its inception in 2017.

The MEM program is a three-year Master's program in Emergency Medicine, designed to provide advanced training in emergency medicine and critical care to healthcare professionals. The program is highly competitive, and only a select few are accepted each year. The current intake strength of MEM is 146, and the 2020-2023 batch had 53 students who took the exams.

Believers Church Medical College Hospital has been associated with George Washington University since 2016, and it took the first batch of MEM students in 2017. Since then, BCMCH has produced exceptional results, with 6 students in 2017, 4 in 2018, 3 in 2019, 6 in 2020, 8 in 2021, 9 in 2022, and 10 in 2023.

The Graduation Ceremony for the 2023 batch was held on 30th June 2023, where the results were officially announced. The ceremony was a proud moment for BCMCH, as it was recognized as the best training site all over India. The faculty at BCMCH is known for their expertise, dedication, and commitment to providing quality

education and training to their students.

Dr. Binitha Varghese, one of the students from the 2020-2023 batch, has made the hospital proud by securing the top position in both the theory and practical exams. Her exceptional performance has earned her the title of the overall best performer in the program. In addition, Dr. Kessia Abraham and Dr. Binitha Varghese have also been recognized for their outstanding thesis work.

The recognition of BCMCH as the best training site for the George Washington University - Ronald Reagan Institute of Emergency Medicine in India and the exceptional performance of Dr. Binitha Varghese and her colleagues is a testament to the hospital's commitment to providing quality education and training to its staff and students. It underscores the hospital's continuous efforts to improve patient care and promote excellence in healthcare.

In conclusion, I congratulate BCMCH for its outstanding achievement and recognition as the best training site for the George Washington University - Ronald Reagan Institute of Emergency Medicine in India. I also extend my heartfelt congratulations to Dr. Binitha Varghese and her colleagues for their exceptional performance and contribution to the field of emergency medicine. The hospital's dedication to providing quality education and training to its staff and students is truly inspiring, and I am confident that they will continue to excel in the future.

## CIDSCON 2023: A SHOWCASE OF CLINICAL INFECTIOUS DISEASES EXPERTISE IN INDIA



The 13th Annual Conference of Clinical Infectious Diseases Society, India (CIDSCON 2023) was held in Chennai from 7th to 9th July 2023, with a pre-conference workshop on 6th July. The conference brought together experts, researchers, practitioners and students from various fields of infectious diseases to share their knowledge, experience and insights on the latest developments and challenges in the field. The pre-conference workshop featured four parallel sessions on antimicrobial stewardship, infection control, diagnostic stewardship and clinical microbiology, each catering to different levels of expertise and interest. The workshop sessions were interactive, engaging and informative, with case-based discussions, group projects and hands-on exercises. One of the highlights of the workshop was the session on Metrics 1 - (Outcome) Antibiotic consumption and presenting it, conducted by Dr. Grace Mary John, a renowned infectious diseases specialist and antimicrobial stewardship expert from Chennai. Dr. Grace Mary John explained the importance of measuring and monitoring antibiotic use in healthcare settings, and demonstrated how to use various tools and methods to collect, analyze and present antibiotic consumption data. She also shared her experience and best practices in implementing antimicrobial stewardship programs in different settings, and answered the queries and doubts of the participants.

Dr. Grace Mary John was also an invited speaker for the main conference, where she delivered a plenary lecture on "Antimicrobial Resistance: A Global Threat and a Local Challenge". She discussed the current scenario of antimicrobial resistance in India and globally, and highlighted the need for coordinated action from all stakeholders to combat this menace. She also suggested some practical strategies and solutions to improve antibiotic prescribing, infection prevention and control, surveillance and research in the country. Dr. Grace Mary John's sessions were well-received by the audience, who appreciated her expertise, clarity and enthusiasm. She was also felicitated by the organizers for her valuable contribution to the field of infectious diseases and antimicrobial stewardship. CIDSCON 2023 was a successful event that showcased the clinical infectious diseases expertise in India, and provided a platform for networking, learning and collaboration among the participants. The conference also featured several other eminent speakers, panel discussions, symposia, oral presentations and poster sessions on various topics related to infectious diseases. The conference concluded with a vote of thanks from the organizing committee, who thanked all the speakers, delegates, sponsors and partners for their support and participation.



### CELEBRATING A NEW MILESTONE: INAUGURATION OF BCMCH'S STATE-OF-THE-ART CONFERENCE ROOM

Believers Church Medical College Hospital (BCMCH) has always been a beacon of excellence in medical education and compassionate patient care. Today, we are thrilled to announce yet another milestone in our journey towards advancement and growth. With great pride and joy, we inaugurate our brand-new, state-of-the-art conference room, graced by the presence of our esteemed Director & CEO, Dr. George Chandy Matteethra, along with Rev. Fr. Sijo Pandapallil, Manager of BCMCH, Associate Directors, Medical Superintendent, Chief Administrative Officer, Admin Manager, HR Head, and many other esteemed doctors and staff.

The inauguration ceremony began on a blessed note, as Rev. Fr. Thomas Varghese and Rev. Joby Achen started the proceedings with a heartwarming prayer, seeking divine blessings for this new venture. This special moment signified the essence of our institution's vision - bringing hope and healing with the love of Christ.

The conference room is a testament to our commitment to fostering an environment of continuous learning, training, and knowledge-sharing. Designed to accommodate approximately 75 to 100 persons, the conference room is spacious and versatile, offering a perfect setting for a wide range of professional activities.

One of the key features of our conference room is its fully air-conditioned environment, ensuring utmost comfort for all attendees, even during hot and humid weather conditions. We understand that a conducive atmosphere is vital for productive learning and interaction, and this aspect has been diligently taken care of in the design of our conference room.

The conference room is equipped with the latest audio-visual aids, including high-quality projection screens, cutting-edge audio systems, and advanced presentation facilities. This will enable us to conduct impactful training sessions, seminars, workshops, and conferences, providing our medical professionals and staff with access to the latest research, advancements, and best practices in the medical field. The importance of continuous education and skill enhancement cannot be overstated in the medical profession. With our new conference room, we aim to create a hub for knowledge exchange, where ideas are shared, experiences are discussed, and innovative solutions are born. It will serve as a platform for experts and industry leaders to come together, fostering collaboration and interdisciplinary learning.

As we stand in awe of this new addition to our institution, we express our deepest gratitude to Dr. George Chandy Matteethra, whose visionary leadership has brought this project to fruition. We are also thankful to Rev. Fr. Sijo Pandapallil, whose unwavering support and encouragement have made this dream a reality.

We extend our heartfelt appreciation to all the doctors, staff, and employees of BCMCH who were present at the inauguration ceremony, making it a truly memorable and joyous occasion. Together, we celebrate this new chapter in our institution's journey, as we continue to strive for excellence in medical education, compassionate patient care, and advancement in healthcare practices.

The conference room represents more than just a physical space; it is a symbol of our commitment to progress, knowledge, and innovation. We look forward to using this venue to nurture talents, inspire minds, and make a positive impact on the lives of countless patients we serve. Here's to a bright and promising future for Believers Church Medical College Hospital!

## BCMCH STAFF CARE DURING FLOODS

### BCMCH Staff Care During Floods

The BCMCH leadership has put together a comprehensive disaster management plan to support staff during the ongoing floods in the region. The plan includes transportation, accommodation, manpower assistance, and children's day care.

**Transportation:** To ensure the safe commute of staff to and from work, the BCMCH has arranged transportation services to the following locations: Thiruvalla, Changanassery, and Mankombu (Edathua, Neerattupuram, Chakkulathukavu, Podiyadi, and Chennithala).

**Accommodation:** In the event that staff's homes have been affected by the floods or the roads are blocked, the BCMCH has made arrangements for alternative accommodation. Hospital facilities, hostels, Manjadi, Ayushalayam, etc., are available to provide temporary shelter for staff and their families.

**Manpower Assistance:** The BCMCH has assigned an Operations Coordinator to assist staff with manpower requirements for relocation and shifting. The Operations Coordinator can be reached for any necessary assistance.

**Children's Day Care:** The BCMCH has set up a children's day care facility on the 4th floor BREAK area for children above 6 years (1st standard and above). Parents are requested to make arrangements for food or coordinate with the Operations Coordinator for any paid services.

**Doxycycline Prophylaxis:** As soon as the current disaster subsides and the water recedes, the BCMCH will be providing free doxycycline prophylaxis to all staff in flood-affected areas. The Community Medicine Department will also be organizing relief camps in the flood-affected areas.

The BCMCH leadership urges all staff to prioritize their safety, cooperate with the designated coordinators, and follow the instructions provided by the authorities. The well-being of staff and their families is of utmost importance to the BCMCH.

If you require any further assistance or have any queries, please do not hesitate to reach out to the respective coordinators mentioned above.